



# TWIN PREGNANCY 8TH WEEK CHECKLIST

FOR ME

THIS WEEK I SHOULD....

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- START TAKING BELLY PICS
- FIND A TWIN PARENT MENTOR
- ORDER "WHAT TO DO WHEN YOU'RE HAVING TWO" BY NATALIE DIAZ

FOR HOME

THIS WEEK I NEED TO...

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- CLARIFY MATERNITY LEAVE BENEFITS
- RESEARCH OPTIONAL PRENATAL TESTING
- TAKE IT EASY WITH CHORES

ASK THE DOC

DON'T FORGET TO ASK THE DOC....

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- ARE THEY IDENTICAL OR FRATERNAL
- WHEN DO I FIND OUT THE SEX?
- ARE THEY GROWING WELL?

