



**Twiniversity**  
community. knowledge. humor.

# TWIN PREGNANCY

## 27TH WEEK CHECKLIST

FOR ME

THIS WEEK I SHOULD....

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- USE MY MATERNITY SUPPORT BAND
- GO THROUGH HAND-ME-DOWNS
- WALK AND STRETCH DAILY

FOR HOME

THIS WEEK I NEED TO...

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- WASH AND PUT AWAY BABY CLOTHES
- DISCUSS BIRTH PLAN WITH MY DOCTOR
- ATTEND BREASTFEEDING TWINS CLASS

ASK THE DOC

DON'T FORGET TO ASK THE DOC...

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- WHEN IS MY NEXT ULTRASOUND?
- ARE THE BABIES GROWING WELL?
- WHAT HAPPENS IF I FAIL MY GLUCOSE TEST?

