



Twiniversity
community. knowledge. humor.

TWIN PREGNANCY

29TH WEEK CHECKLIST

FOR ME

THIS WEEK I SHOULD....

- TAKE MY PREGNANCY PHOTOS
- TAKE POTASSIUM FOR CHARLIE HORSES
- ONLY WEAR SHOES WITH ARCH SUPPORT

FOR HOME

THIS WEEK I NEED TO...

- INSTALL CAR SEATS
- HAVE CAR SEAT INSTALL INSPECTED
- FINISHING TOUCHES ON THE NURSERY

ASK THE DOC

DON'T FORGET TO ASK THE DOC....

- CAN SIBLINGS VISIT DURING LABOR?
- IS IT NORMAL TO FEEL DIZZY?
- WHAT TESTS DO I STILL NEED?

