



Twiniversity
community. knowledge. humor.

TWIN PREGNANCY 31ST WEEK CHECKLIST

FOR ME

THIS WEEK I SHOULD....

- BINGE WATCH A NEW SHOW
- DRINK LOTS OF WATER
- LIE DOWN EVERY CHANCE I GET

FOR HOME

THIS WEEK I NEED TO...

- SEND SHOWER THANK YOU CARDS
- MAKE AND FREEZE A CASSEROLE
- LET OTHERS DO THINGS FOR ME

ASK THE DOC

DON'T FORGET TO ASK THE DOC...

- WHEN DO I GO TO THE HOSPITAL?
- IS MY BIRTH PLAN OKAY?
- DO I NEED MY BREAST PUMP AT THE HOSPITAL?

