



Twiniversity
community. knowledge. humor.

TWIN PREGNANCY

32ND WEEK CHECKLIST

FOR ME

THIS WEEK I SHOULD....

- CATCH UP ON MY PREGNANCY JOURNAL
- SOAK FEET IN EPSOM SALT BATHS
- GIVE IN TO A PREGNANCY CRAVING



FOR HOME

THIS WEEK I NEED TO...

- FINALIZE BABY NAMES
- MAKE CROCK POT FREEZER MEALS
- LAST MINUTE ORGANIZING



ASK THE DOC

DON'T FORGET TO ASK THE DOC...

- WHAT POSITIONS ARE THE BABIES IN?
- CAN I DELIVER VAGINALLY?
- CAN MY BABIES STILL FLIP IN TIME?