



Twiniversity
community. knowledge. humor.

TWIN PREGNANCY

37TH WEEK CHECKLIST

FOR ME

THIS WEEK I SHOULD....

- TAKE MORE PICTURES OF PRE-BABY LIFE
- JOURNAL ABOUT MY EXPERIENCE
- STAY HYDRATED

FOR HOME

THIS WEEK I NEED TO...

- FINALIZE HOSPITAL BAGS
- GET A TWINIVERSITY PARENT MENTOR
- REACH OUT TO OTHER TWIN MOMS WHO MADE IT THIS FAR

ASK THE DOC

DON'T FORGET TO ASK THE DOC...

- WILL I DELIVER IN AN O.R.?
- PRE C-SECTION INSTRUCTIONS?
- HOW CAN I PREPARE FOR INDUCTION?

