



Twiniversity
community. knowledge. humor.

TWIN PREGNANCY

38TH WEEK CHECKLIST

FOR ME

THIS WEEK I SHOULD....

- TAKE ADVANTAGE OF HOSPITAL HELP
- GIVE BIRTH!
- PAY ATTENTION TO NUTRITION AND HYDRATION POST-DELIVERY

FOR HOME

THIS WEEK I NEED TO...

- FINALIZE HELP AT HOME
- BRING IN THE HIRED HELP!
- CELEBRATE MAKING IT THIS FAR!

ASK THE DOC

DON'T FORGET TO ASK THE DOC...

- LAST MINUTE INSTRUCTIONS?
- HOW LONG WILL INDUCTION TAKE?
- HOW LONG CAN I LABOR BEFORE A C-SECTION IS REQUIRED?

