

# Avocado Lime Salad

## Ingredients

- 2 avocados
- $\frac{1}{4}$  of a lime or a  $\frac{1}{2}$  tablespoon of lime juice
- $\frac{1}{4}$ - $\frac{1}{2}$  teaspoon coarse sea salt

## Directions

1. Open and slice the avocado into thin strips. Place in a bowl.
2. Cut a lime in half, and then in half again. Squeeze the juice from  $\frac{1}{4}$  of the lime over the avocados. This is comparable to  $\frac{1}{2}$  tablespoon of lime juice.
3. Sprinkle with  $\frac{1}{4}$ - $\frac{1}{2}$  teaspoon of coarse sea salt to taste.
4. Gently stir the avocados so the lime juice and salt cover all the avocado slices.
5. Enjoy with a fork or tortilla chip.