



Doctor Questions: Week 1

How much and how often should the twins be eating?

Where and how much should my twins be sleeping?

When can we go out for walks?

How can we keep them healthy during cold and flu season?

Are pacifiers okay?

When should I expect their umbilical cord stumps to fall off?

Are my twins gaining enough weight?

When should we start tummy time?

How can I relieve gas pain for my babies?

Additional questions:
