



If you have a moment, doing ANYTHING on this list would be a huge lifesaver for us!
We can't thank you enough!

For Our Home

- Empty Dishwasher
- Wipe down kitchen counter
- Wipe down stovetop
- Clear out fridge
- Empty trash
- Vacuum rugs
- Sweep kitchen
- Wipe down bathroom sink
- Dust
- Mop floors
- Clean microwave

For the Babies

- Make bottles for the day
- Do a load of laundry (or all of it, if you're up to it)
- Restock diaper bag
- Restock diaper baskets
- Change crib sheets
- Empty diaper pail
- Wipe down stroller
- Organize toys/books
- Vacuum car seats/stroller
- Change batteries in the _____
- Help me swap out clothes that don't fit the babies anymore

For Us

- Do a load of laundry
- Make lunch/dinner
- Make meals for us to freeze (we love your cooking the most!)
- Grab groceries (ask me for a list)
- Grab supplies from the drug store (we have a list)
- Give me a chance to take a nap
- Take the dog for a walk
- Mow the lawn
- Shovel snow

Other ways you can help today:
